The 47th Annual Conference of The Endocrine Society of India

Thiruvananthapuram

Uday Samudra Leisure Beach Hotel, Kovalam
KTDC Samudra, Kovalam 13 | 14 | 15, October 2017

Preconference Workshops and CME: 12 October 2017
Message from
President,
Endocrine Society of India

Dear colleagues,
I have special privilege to remind you of the promise we had taken in New Delhi during 46th Annual conference of Endocrine Society of India to meet again during the ESICON 2017 being held in Thiruvananthapuram on October 13-15, 2017. The venue in locale of Nature’s creation and the academic menu on card are indeed a great attraction for all of us. The organizing committee has put all ATPs to make the show a memorable event in the history of the ESICONs. My best wishes are with them to achieve what they desire.

Participation of each and every member of the ESI in the annual event will empower the organizing committee and the ESI in particular to accomplish the mission of academic endeavor. Let us reach the venue for enhancing and updating our knowledge of endocrinology. Achievements and place for dreaming of new research in endocrinology through interactions with the resource persons. Again I invite you to come forward creating Endocrine Society of India to the expectation of future generation. Your suggestion and criticism are most valuable inputs for reshaping the canvas of the ESI.

Looking forward to seeing you in action and interaction.

Dr. S. K. Singh
President ESI.

Message from
Honorary Secretary,
Endocrine Society of India

Dear colleagues,
ESICON is a celebration of endocrinology in India. From a fledgling side show at the association of physicians of India’s annual conference ESICON has become a powerhouse program that fulfills the continuing education aspirations for endocrinologists and the “interested in endocrinology” physician alike. This year the program is packed with stellar global speakers, national experts and budding stars from the Indian constellation. Dr Jabbar, Dr Mathew John and their star team have made an extra effort to create an unforgettable scientific event. Increasingly ESICON is becoming a platform that showcases research from India both clinical and translational. The orations honor the work of outstanding research. The scientific team of ESICON has collaborated with the IJEM team to ensure that an international platform is created for researchers to present their work. From this year – abstracts from ESICON will be a regular feature of the IJEM – the flagship journal of the society. Sessions focused on trainees which was a star attraction last year will continue. ESICON 2017 at Trivandrum is a reflection of the society itself – a continuation of its soon to be fifty year tradition and change into a more transparent responsive and connected society. I join the organizers of ESICON in welcoming you to the warm and hospitable south – and hope that ESICON 2017 will exceed your expectations.

Dr. Krishna G. Seshadri
Honorary Secretary.
Dear colleagues,

It gives us great pleasure and honor to host the 47th Annual Conference of Endocrine Society of India. The meeting is held at the picturesque location of Uday Samudra Beach Resorts and KTDC Samudra resorts. Located right next to the Arabian Sea, these venues offer soothing relief very distinct from the traditional meetings held at crowded cities.

The meeting will bring together a great mix of academics and cultural events. We have a stunning array of international faculty and national faculty. The meeting will have plenaries, orations, debates and themed symposiums.

The meeting turns very exciting with Endocrine Radiology Workshop which aims at close interactions of radiologists with endocrinologists and C-CASE, a case based discussion based on exit examination format for post graduates in training. For physicians and general practitioners, we have a CME program covering general endocrinology.

We have prepared a culinary treat in addition to very exciting cultural programs. I would recommend you to keep an extra day to visit our city which is very exciting in itself.

I would like to welcome everyone to this very interesting meeting.

Happy learning.

Regards,

Prof. P. K. Jabbar
Chairman

Dr. Mathew John
Organizing Secretary
### Executive Committee Members
- Dr. Muthukumaran Jayapaul
- Dr. Prakash Keshwani
- Dr. Madhukar Rai
- Dr. Shubhankar Chowdhary
- Dr. Rajesh Rajput
- Dr. Pramod Gandhi
- Dr. Manoj Chadha
- Dr. Mathew John
- Dr. S.V. Madhu
- Dr. Kaushik Pandit
- Dr. Sujay Ghosh
- Dr. K.V.S. Harikumar
- Dr. Shathank R. Joshi
- Dr. Rajesh Khadgawat

### Patrons
- Prof. K.P. Paulose
- Prof. Ramachandran M
- Prof. Dr. Krishna Kumar
- Prof. R.V. Jayakumar
- Prof. Dr. M.V. Muraleedharan
- Prof. Abdul Majeed

### Local Organizing Committee
- Dr. Bala Chandran
- Dr. Philip Oommen
- Dr. S. Bhasi
- Dr. Mathew Thomas
- Dr. Dinesh Prabhu
- Dr. Ravi Kumar Kurup
- Dr. Ramesan Pillai
- Dr. Bala Chandran V
- Dr. Thankom
- Dr. Sunil Prashob
- Dr. D.S. Mohan
- Dr. Josemon Thomas
- Dr. Lukose Johnson
- Dr. Ajith Kumar
- Dr. Ajith Kumar P V
- Dr. Boby Moses
- Dr. Suresh Kumar
- Dr. Rajalekshmi
- Dr. Sunil Kumar P G
- Dr. Harikrishnan R
- Dr. Anil Vijaykumar
- Dr. Hari T A
- Dr. Jothidev Kesavadev
- Dr. Sreejith N Kumar
- Dr. Jacob John

### International Coordination Committee
- Dr. Rajaram Karne (USA)
- Dr. Rakesh Malhotra (Australia)
- Dr. Binu Parameswaran (Muscat)
- Dr. Noel Somasundaram (Sri Lanka)
- Dr. Ali Siyad (Maldives)
- Dr. Nishant Sanalkumar (Dubai)
Conference App

Conference App : ESICON2017

The conference app is available in the android and iOS versions and can be downloaded from the google play store. The app helps you to see all the programs, speaker and attendee details, make your own program sheet and even communicate with other attendees in the meeting. The e-badge and QR code helps you to move seamlessly between the halls, exhibition and food areas. The conference app will be useful in its full functionality. The app will help you plan your day's schedules with utmost ease. Friend us on Facebook and Twitter.

Dr. Mohan T. Shenoy
Coordinator, Promotions
ESICON 2017 presents a vivid scientific program including plenaries, debates and themed symposiums. Research being presented at the free paper session would interest clinicians and researchers alike.

For the most updated program visit: http://www.esicon2017.com/schedule/

Scientific Program

Program Schedule

12 October 2017

13 October 2017

14 October 2017

15 October 2017

IMAGINE

PLENARIES | 6 |

C-CASE

ORATIONS | 4 |

CME

AWARD PAPERS

SYMPOSIUM | 9 |

CORPORATE SYMPOSIUM | 6 |

INAUGURATION

FREE PAPERS | 3 |

GENERAL BODY

VALEDICTORY

DEBATES | 3 |

INTERNATIONAL FACULTY

William Young Jr (USA)  Susan Mandel (USA)
Shailender Bhasin (USA)  Kris Chatterjee (UK)
John Newel Price (UK)  Roy Taylor (UK)
Ambika Ashraf (USA)  Manju Chandran (Singapore)
Hans Vries (Amsterdam)  Helen L. Baron (USA)
T. Satyapalan (UK)  Vlado Perkovic (Australia)

For the full list of faculty please visit http://www.esicon2017.com/national-speakers/

We have gone all out to bring in the most sought after international and national faculty to ESICON 2017.

Plan your travel in advance to catch the exciting action.

Prof. Harish Kumar, Chair, Scientific Committee
Dr. Anees Ghosh, Secretary, Scientific Committee
**Pre Conference Day**

**IMAGINE**  
(Imaging in Endocrinology)  
This interesting workshop will involve discussion of cases in neuroradiology, adrenal, thyroid, pancreas and parathyroids. Separate monitors will be provided to a group of delegates to ensure that details are not missed. The session will also feature the role of PET imaging in endocrinology.

**C-CASE**  
(Consensus for Clinical Assessment in Endocrinology)  
This 6 hour workshop will feature discussions involving common endocrine cases which are usually kept for DM/DNB exit exams. Examiners from various training institutes will discuss these cases in an exam format. The session is only for postgraduates in training.

**CME**  
(Continuing Medical Education)  
This will feature 10 talks on common medical problems in endocrinology for physicians and gynecologists.

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**Venue**: Uday Samudra  
**Date**: 12 October 2017  
**9 AM to 1 PM**

**Venue**: Uday Samudra  
**Date**: 12 October 2017  
**2 PM to 8 PM**

**Venue**: Uday Samudra  
**Date**: 12 October 2017  
**3 PM to 8 PM**

We are very thrilled to be coordinating the Endocrine Radiology workshop and C-CASE. The response to both these programs has been very encouraging. The CME would immensely benefit the physicians.

Dr. Usha Menon, Coordinator, CME  
Dr. Abhilaash Nair, Coordinator, C-CASE  
Dr. Ajish T.P, Coordinator, IMAGINE
We are trying to allot more time for oral presentations so that we have more researchers from India and the world on the stage.

Dr. Arun S. Menon, Dr. Nisha B
Coordinator, Scientific Committee

The registration process is streamlined to ensure that everyone who is pre-registered up to 15 days prior to the conference gets a registration number and a QR code. This will help a seamless check-in.

Dr. Thushanth Thomas, Treasurer

Registration

Registrations for ESICON 2017 can be done online at www.esicon2017.com/registration/

The payments are to be done by bank transfers only. Credit card and debit card payments are not available for regular registrations. International delegates may contact esicon2017@gmail.com for help with registrations and payments.

Account Name: ESICON 2017
Account No: 556402010004069
Bank: UNION BANK OF INDIA
Address: Devi Scans Building, Kumarapuram, P.O. Medical College, Thiruvananthapuram, Kerala 695011
IFSC Code: UBIN0555649
(used for RTGS, IMPS and NEFT transactions)
Branch Code: Last six characters of IFSC Code represent Branch code.
MICR Code: 695026011

Bringing your research to ESICON 2017 would be the best way to get your work noticed by the endocrine world. ESICON 2017 is associating with Indian Journal of Endocrinology and Metabolism (IJEM) for publication of abstracts presented at ESICON 2017. In this way, the accepted abstracts of ESICON will be available for search in the World Wide Web in addition to being available in print.

Last date for accepting of abstracts: 31 August 2017
For abstract submission, visit: http://www.esicon2017.com/abstract_submission/

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<th>Till 30/9/’17</th>
<th>Spot registration</th>
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<td>ESI Member</td>
<td>₹ 8000</td>
<td>₹ 10000</td>
</tr>
<tr>
<td>Non Member</td>
<td>₹ 9000</td>
<td>₹ 12000</td>
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<tr>
<td>Postgraduate</td>
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<td>₹ 6000</td>
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<td>Accompanying person</td>
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<td>₹ 20000</td>
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<td>Paramedical</td>
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Dr. Thushanth Thomas, Treasurer
Venue
ESICON 2017 will be held at Hotel Uday Samudra Beach Hotel and Spa, Kovalam and KTDC Samudra, Kovalam. The venue is located 30 minutes from the airport, right next to the Arabian sea. When you stay at Kovalam, you can wake up to the smell of the sea, enjoy the breeze and the damp sand below your feet. The ambience of the venue will leave you enchanted. ESICON 2017 will turn out to be a learning vacation.

Hall A: KTDC Samudra | Hall B, Hall C, Hall D, Hall E, Hall F: Uday Samudra
Exhibition areas: KTDC Samudra, Uday Samudra

Accommodation
Kovalam is tourist destination and October is the beginning of the season. Reserve your rooms at the earliest to avoid disappointment.

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Category</th>
<th>Distance</th>
<th>Venue</th>
<th>Airport</th>
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<tbody>
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<td>5*</td>
<td>3 km</td>
<td>15 km</td>
<td></td>
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<tr>
<td>Vivanta By Taj</td>
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<td>15 km</td>
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<td>Turtle on the Beach</td>
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<td>1 km</td>
<td>15 km</td>
<td></td>
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<tr>
<td>Uday Samudra</td>
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<td>15 km</td>
<td></td>
</tr>
<tr>
<td>Hotel Samudra</td>
<td>3*</td>
<td>0</td>
<td>15 km</td>
<td></td>
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<tr>
<td>Sagara Beach</td>
<td>3*</td>
<td>4 km</td>
<td>15 km</td>
<td></td>
</tr>
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</table>

For booking please contact directly
Intersight Tours & Travels Pvt Ltd, Anna Building
N H Bye Pass, Thykkodam, Vyttila, Cochin – 682019
During booking please mention that you are attending ESICON 2017
Book online at www.intersightmice.com/conferencehotels.aspx
Contact Number: 0484 3321009
Mob: 9388319425, 9388020210
Email: inbound@intersight.in
Kovalam is one of Kerala’s foremost tourist destinations. You can just idle around Hawa Beach, one of the favorites of foreign tourists. The Lighthouse beach has numerous eateries along the coastline where you can taste local cuisine predominantly seafood. You can climb up the Lighthouse for a very scenic view of Kovalam.

Vizhinjam, a harbor town located 1 km from Kovalam offers a scenic view of small and large fishing boats. A small aquarium at Vizhinjam offers a quick glimpse of the rich treasure of marine wealth.

Kanyakumari located 87 kms from Kovalam is a famous tourist spot. The Padmanabapuram palace on the way is an excellent reminder of architecture of the kings of Travancore.

Poovar, located 16 kilometers from Kovalam is one of the most scenic backwaters of Kerala. The Neyyar river joins the Arabian Sea at Poovar. It offers an excellent boating location.

Neyyar Dam: located 35 km from Kovalam, has a wild life sanctuary. The watch-tower, crocodile farm, lion safari park and deer park are important attractions here in addition to boating. Do drop in to the elephant rehabilitation center at Kottoor on the way.

Ponmudi Hill station located 66 km from Kovalam is a scenic spot at an altitude of 1100 m. Ponmudi offers a natural habitation for over 200 species of birds and 20 butterflies. On the way to Ponmudi, Kallar and Meenmutty waterfalls offers places to have a bath or just enjoy the hush of flowing water.
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